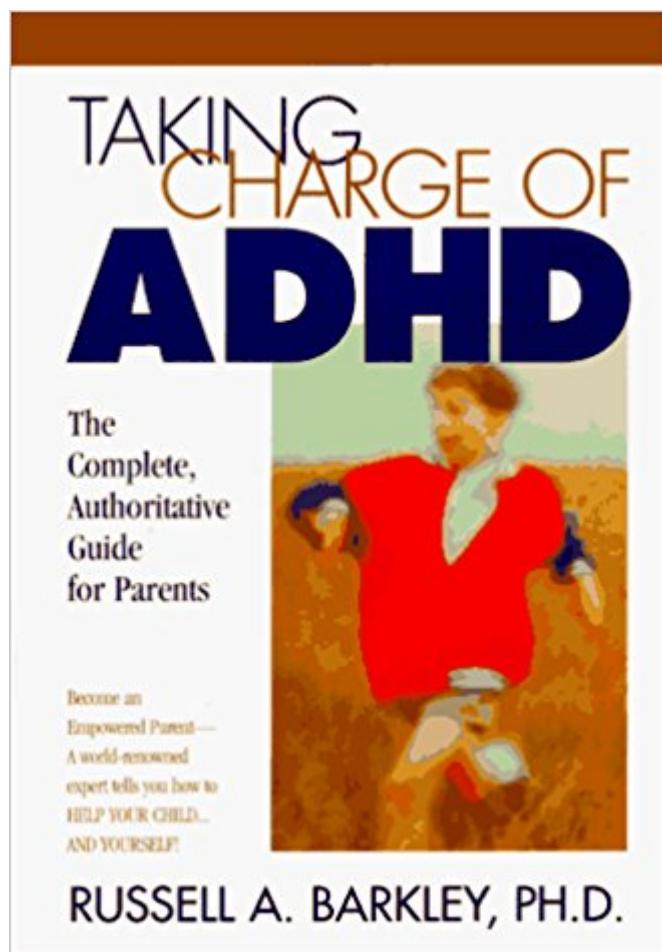


The book was found

Taking Charge Of ADHD: The Complete Authoritative Guide For Parents



Synopsis

Raising a child with attention-deficit/hyperactivity disorder is not easy. Bombarded with conflicting medical advice and worn down by the daily frustrations of child care, parents are likely to feel exhausted, confused, and helpless. This much-needed, authoritative book empowers parents of children with ADHD with the knowledge and the confidence they need to ensure their child receives the best care possible. Features include step-by-step methods for managing a child with ADHD in a variety of everyday situations; the latest information on available medications; numerous techniques for enhancing a child's school performance; and a special section devoted to the needs of the parents.

Book Information

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Customer Reviews

Although the book is targeted at the parents of ADHD children, it will serve as a useful resource for teachers and others involved in the care and education of these children....This book is unique in its up-to-date and clear presentation of the scientific underpinnings of the disorder and the pragmatic, empirically based approach to intervention that it encourages. It is also very well organized and readable; it is probably the best available resource of this type.

Dr. Barkley, a master in the field, has written a superb book for parents and all others interested in ADHD. Full of the most up-to-date information, this book is clearly written and finely reasoned. Thank you, Russell Barkley, for this book and all your pioneering work.

This is an incredibly thorough and educational book. Barkley is a pioneer in research on ADHD and a genuine authority. But he leans too much on the pathological/medical view of ADHD, and by the end of the book, I was exhausted just thinking about the road ahead of me in raising two boys with ADHD. Fortunately, I read the review here suggesting other books (like *Driven to Distraction* and the Thom Hartman books), and I expanded my reading education about ADHD considerably by reading those books, too. However, I do recommend starting with Barkley - to get facts and ideas about management of ADHD, especially if you have young children. But take his suggestions with a grain of salt, too - my gut tells me that asking my child's teacher to implement an elaborate "chips and points" type program at school is not really the way I want to go. Also, Barkley is a little dry and if you are an adult with ADD, you might put this one down before you finish. Nonetheless, it is a well researched and thoughtfully presented book, and I recommend it highly, so long as you read other books about ADHD/ADD, too.

Only book you'll ever need for ADHD

This book was captivating. I am an adult ADHD and bought the book to gain insight on myself and my children. What I found, however, was information that not only humbled me, but allowed me to look at myself and my needs in a way that I've never done before. I have recommended it to others because the complete and concise manner of Dr. Barkley's book, allows for easy understanding, thereby empowering its readers with a sense of value they may have thought they had lost or didn't deserve. It gave me peace of mind and a foundation to start my family on the road to recovery. Another book that I believe will complement this one is "Brain Lock" by Dr. Jeffrey Swartz.

This is the best discussion of ADHD as a medical disorder that I have read. Dr. Barkley explains ADHD as a problem with behavior inhibition where the distractability, impulsivity and hyperactivity are the results of the underlying problem. He then gives a thorough discussion of how parents can help themselves and their children with behavior modification techniques. He also discusses various medications that are used to treat ADHD. The reason that I do not give this book 5 stars is that it is not a complete picture of ADHD. The medical disorder model is not the only way, and not necessarily the best way to view this condition. I can only think of one paragraph in the whole book that mentions positive traits which are associated with ADHD. You really need to read a wider range of books to get a more complete picture. Hallowell and Ratey's "Driven to Distraction" gives a

wonderful look at the many different ways that ADD can affect people and some idea of what it feels like from the inside. Thom Hartmann's "Attention Deficit Disorder: A Different Perspective" views ADHD as a personality trait with distinct advantages under the right circumstances rather than a disorder. These books will help expand Dr Barkley's important viewpoint.

A terrific book! Barkley approaches the subject from every angle. The reader gets a clear understanding of the disorder as the myths about it and it's treatments are looked at under a scientific light. Very wholistic and empowering. You as the parent make the choices for your child's treatment and the first choice should be reading this book.

This book was recommended from our team of doctors at Children's Hospital in Philadelphia. It has been the best step in educating ourselves as we approach meetings with educators and specialists at the school. Although our child was diagnosed with BORDERLINE ADHD of the inattentive type - with mild severity...this book has helped us to identify and begin to rectify some of the issues we have been having. It is easy to read, and understand. I highly recommend it for anyone who is in the beginning stages of diagnosis and treatment.

This book is the best source of meaningful information for parents of ADHD children that I have read. Barkley explains ADHD in layman's terms, then provides excellent advice on managing your child's life and your life. I recommend it for parents, teachers, and other professionals who deal with ADHD children. It is candid and honest about the obstacles and challenges, but provides a logical management approach that works! It was a sanity saver for me.

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